

**JONES BEACH LIFEGUARD CORPS
JUNIOR LIFEGUARD COMPETITION TEAM
2013 APPLICATION**

NAME: _____

ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP CODE:** _____

PHONE(S): _____

EMAIL (PRINT CAREFULLY): _____

BIRTH DATE: _____ **AGE:** _____
(AS OF JULY 1, 2013) AA A B C
AGE 16 14/15 12/13 10/11

PARENT(S)/GUARDIAN(S) NAME: _____

WHAT SWIM TEAM(S) HAVE YOU SWAM FOR AND DATES (FROM/TO) WITH EACH TEAM?

WHAT IS YOUR CURRENT TIME FOR 100-YARD FREESTYLE? _____

HOW MANY PUSH-UPS CAN YOU DO IN A MINUTE? _____

HOW MANY SIT-UPS CAN YOU DO IN A MINUTE? _____

T-SHIRT (ADULT) SIZE? (CIRCLE ONE)

LARGE

MEDIUM

SMALL