



Bucket & Buoy



24 June 2011

Jones Beach Lifeguard Corps: Saving lives since 1929



Presidential Address

Tom Donovan - President, JBLC

It's been a few weeks since the first B&B of 2011 season; I wish I could report that we have a new contract but we're not there yet. So rather than offer up a guesstimate as to when we might actually see a signed document, I'd rather focus this issue of the B&B on some of the more "mundane" aspects of being a member of the Jones Beach Lifeguard Corps.

I speak for all the members of your Executive Board and your Union Representatives when I say *Thank You* for all your continued hard work in providing the best and safest possible experiences for our beach-going customers. While we're still feeling the impact of New York State's financial crisis on overall beach safety – one issue that comes to mind are the challenges faced by our woefully understaffed Park Police – we will continue our efforts to achieve the many goals that are now within sight.

Please take time to read each section of this issue – there's information on everything from this year's Union Elections to joining the New York State Retirement System to this year's USLA Nationals. Of course, be certain to check each section for important events (like CPR, Union meetings, competitions).

If you have any questions for me or any other member of the Executive Board, email them to BucketAndBuoy@gmail.com.



Rookie Lifeguards

What could possibly bring together Relics from Lifeguarding Past, Tammy (Metzger) McLoughlin, Pat Doyle, and Brian (Hippy Dog) Barrett?

Yes, the newest batch of 29 JBLC Lifeguards have officially completed Rookie Training 2011 – AKA another opportunity for Ed Peters to see who can "hang" with him – and with ID cards in hand have now received their assignments (upcoming paper draft notwithstanding).

In addition to the 3 more experienced *re-treads*, Adam Nussen returns to the beach after realizing that California's not all it's advertized to be. This year's Rookie class also includes former Jones Beach Junior Lifeguards: Oscar Arena, Scott Holtzman, Steve Penteck, Clara Russell (her brother, now a US Marine, was a JB LG), and Billy Wendt, son of Field 6 legend, Barbara Davis Wendt.

A tremendous *Thank You* goes to the trainers: Ed Peters, Ed Costigan, Tom Meehan, Mario Mauro, Claudio Steel, Brian Koraleski, and official photographer and baker, Shirlee Manoogian (thanks to Coach Manoogian for the following pics).



Sure, they're listening to him now



Didn't I do this 35 years ago?



Rowing is just like swimming



Learning the finer points of rowing



I will be tan and pumped by August



Like fine wine...



← More?

Worn out ↑



Our new Brothers and Sisters



JBLC Elections

Union Meetings: Held at JB WBH Marine Dining room, tentatively scheduled for 7/13 & 8/10, and typically starting at 7PM. We implore all members of the Corps to become involved in *your* union. We cannot emphasize this enough – for our efforts to continue to be successful long after the old farts retire, we need you **now** to join us and learn about how our union operates.

2011 Union Elections: There will be an Executive Board Election this year, as well as the annual Beach Rep Elections. If you are considering running for office on the Executive Board or becoming the Beach Rep at your field, you will need to download a Nominating Petition from the www.jbcl.net under "Union/WSO"; the DEADLINE FOR ALL NOMINATING PETITIONS IS JULY 13, 2011. If you have any questions, contact Tony Battisti – the Election Chairperson - at the EBHO or via email a.battisti@verizon.net.



Bulletin Board

Lifeguard Directory: Last call to add or edit your information. [Click here](https://spreadsheets.google.com/viewform?formkey=dHZhTmQyU05DUU9wNGU1VmNnN2s2MGc6MQ) or type this heinous address into your web browser: <https://spreadsheets.google.com/viewform?formkey=dHZhTmQyU05DUU9wNGU1VmNnN2s2MGc6MQ>

New York State Retirement System: Reminder to all - if you have not joined the NYS retirement system by now you are a total screw up. When Tier 6 appears – and it will very soon – you will be missing out on lots of \$\$\$\$. If you began under a lower Tier, you can "buy back" into it. Folks, if you plan on being in a profession that allows you to continue to Lifeguard, you want in the system. Contact regional Human Resources at 631-669-1000 for more information – there is a procedure and forms.

Paper Draft: Coming any day now; there are openings on the Board and you just might find a spot that you covet. Please stay in touch with your Beach Representatives as well as continue to monitor the JBLC Facebook page and www.JBLC.net website.

Overtime: Reminder to all - we **never** sit in the stand for more than 1 hour at a time...*without exception*. If you are "forced" to do this, politely decline and immediately call your Beach Representative or any member of the Executive Board.

In-House Training of Officers: This cooperative effort between local Human Resources and the JBLC initially started with Captains

and has now been extended to Lieutenants and Boatswains. More information and scheduling are forthcoming.

Annual Union Party: We're working on it. Oh, it'll be a good one. Stay tuned for more information.

Service Awards: Traditionally, lifeguards who have made it to 50 years of service (hey Rookies, can you even grasp that?) as well as those who have "moved on" yet while they were on the stand (because they'll *always* be members of the Corps) their performance was legendary, are lauded for their efforts. We will be recognizing these Lifeguard Legends this summer at the Annual Union Party. *Can you guess who they are?*



CPR 2011

Frank Salino, RM5

Remember, all JBLC members must be certified in CPR/AED for the Professional Rescuer or American Heart Association equivalent each year. The JBLC offers sessions to recertify in pay status. You must hold a current certificate to attend one of these sessions. This year the ARC has made several changes to past procedures; all course records are now submitted online, a new database system is in place (if your current card has a 7/11/11 or later expiration date-you can attend one of these classes, if not you must get recertified on your own), the course materials have been updated, and the cost has gone up from \$15 to \$25.

To be recertified you must attend one of the 5 classes and:

- Have a current American Red Cross or equivalent CPR/AED Pro card (dated 7/11/11 or later)
- Park in a marked parking spot
- Bring \$25 cash
- Arrive in time to sign-in (print name on payroll sheet), pay, and fill out information sheet
- All classes will start at 7:15 and end at 10:15
- Be present for the video/lecture
- Take and pass the written test
- Perform all skills with minimal assistance from instructors
- Get signature from instructor at each skill station
- Check out with head instructor (make sure payroll sheet, information sheet, and skill sheet are accurate and complete)

Class Schedule

Saturday, June 25.....Jones Beach West Bathhouse
Wednesday, June 29.....Robert Moses Field 4
Thursday, June 30.....Sunken Meadow East
Wednesday, July 6.....Jones Beach West Bathhouse
Saturday, July 9.....Jones Beach West Bathhouse



2011 Competition Circuit

Cary Epstein, CM

As a reminder, the USLA Regional Championships will be held on July 13th in Ocean City, Maryland and the USLA National Lifeguard tournament this year will be taking place in Cape May, New Jersey August 4th-6th. I've been making reservations and need a sense of who is committed to competing. Please contact me at the Mall with question or concerns.

Aside from the Nationals, the only major non-JBLC events this summer is the Smith's Point Tournament. Tryouts for this comp will be held on Sunday, July 10 at 10 AM at the EBO following Junior Lifeguard training that morning. While past years have seen us field a team for Newport, RI, we're coming to the conclusion that with the USLA Nationals being in the same week, it doesn't make much sense to go to Rhody. Ed Costigan, Lt. at Zach's Bay, will be running the tryouts; if you have any questions, call him at the Bay or send an email to BucketAndBuoy@gmail.com.

Finally, our Inter-Beach races will once again be a spectacle complete with rockin' tunes and an after party of shipwreck proportions. We'll have the details set within the next 2-3 weeks so stay tuned and get ready to shave down and win!

Join the Jones Beach Chapter of the USLA

Questions? Contact the Chapter President Cary Epstein at JB Central Mall, ext 616 or via JonesBeachGuard@gmail.com

- \$40 for 1 year membership (make checks payable to "United States Lifesaving Association-JB") allows you to compete in USLA Sanctioned Lifeguard Competitions

- 1 year subscription to [American Lifeguard Magazine](#)
- Professional Membership Card, apparel, and six-pack abs



Junior Lifeguards

Scott Riegel (seafire124@aol.com), F6 (ext 618)

The 2011 Jones Beach Junior Lifeguard Program begins this Sunday, 26 July, 8-10AM at the East Bathhouse complex.

As always, **we need Lifeguards** – in *Pay Status* – to make this great program a success who can commit nearly every Sunday morning for the length of the program (June 26 through August 7). We will also need many more Lifeguards – in *Pay Status* – for the 2011 Jones Beach Junior Lifeguard Tournament at the East Bathhouse Ocean to be held on Monday, July 11...be prepared to work.

More information can be found on www.JBLC.net under "Juniors."



A Better Rescue Buoy

Bob Adler (badlerclu@aol.com), RM3

I make no apologies for being so fanatical about safety – for lifeguards and patrons. Whether it is the weight of the wingstands or the durability of the rescue lines, it is vitally important that the JBLC continue to refine or replace our existing equipment. For instance, the white foam rescue buoys that we have used for many decades might become a thing of the past.

For many years, the white foam logs used to make our buoys were coated **with an outer skin finish** which prevented the foam from absorbing water. This is no longer the case: The prior foam log manufacturer was acquired by a national company which now requires a very large custom order, whose size is not economically feasible.

Working with an equipment manufacturer, an alternative has been designed using modern materials and features suited to the Corps' needs. The newly designed Inflatable Rescue Buoy (IRB) should be more effective because it **(a)** has twice the buoyancy of the white foam buoy with the same dimensions; **(b)** offers better hydrodynamics in heavy surf conditions; **(c)** is made with heavy duty Coast Guard approved materials with military-quality stitching; and **(d)** requires less storage space needed when deflated.

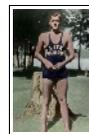
As far as durability, you should know that the Navy SEALs use inflatable vests of lighter weight material than the IRB. Even more, life rafts are made of a similar inflatable material and survive extreme surf and weather conditions. Worried that the IRB will blow away in the wind? No need to; the physical weight is identical to the white foam buoy when dry.

Please give the new buoy a try, especially on one of those big surf days which always seem to want to rip the old school buoy off your body; use it during your "average" rescue too. In both cases, please email me with your feedback.



For Sale

White Cobra Strike, includes paddle, bungee strap, and seatback. \$400. Contact Brian McDonald, F6 or bmac14@optonline.net



Alumni

Burt "Twiggy" Zweigenhaft '71- '97 (RM 5 & JB) and Dave "Hamdodger" Turkheimer '78 (F6) are participating as part of **Team OncoMed** in "Swim Across America" to support Cancer Research. On August 13, the team will be swimming one mile along the Long Island Sound at Glen Cove. Dave's personal goal is to raise at least \$1,000. Imagine if each member of the Corps donated \$1 he'd be halfway there. If you'd like to donate \$1 or more, [click here](#) or type in another heinous web address: http://www.swimacrossamerica.org/site/TR/OpenWater/NassauSuffolk?px=1120318&pg=personal&fr_id=1186

If you have any questions please call Turk @ 516-662-5783

Finally, **to our dear friend and Lifeguard of Legend**, George Munich, we wish you a very speedy recovery from your fight with babesiosis, a rare deer tick disease (also known as Long Island malaria). The boat and the ocean await your return!