

# Bucket & Buoy

The official newsletter of the JBLC

July 10, 2012



## A Message from your Union President

“Summertime, and the livin’ is easy...” .That line say’s it all.

All the beaches, bays and pools still left in the system have opened for the season, with increased staffing levels at the two of the four pools still open. We have had a new rookie class conclude training, (thanks to our training crew for stepping up!) and everyone has been placed. Due in part to our continuing Leave of Absence program, we were able to add quite a few new guards including Junior Lifeguard program graduates, returning alumni, and some who are brand new to the job market, were all hired. Welcome to All!

Our negotiating team travelled to Albany, and was successful in establishing an additional date for continuing discussions about or raise, retro pay, and a future contract. Our team will provide more information on this.



*Congratulations to the Rookie Class of 2012!*

## BRA Elections!

Beach Representative Elections are taking place this week. Make sure your beach is properly represented! Beach Rep Meeting This Thursday 7/12 WBH at 730pm!

There has been a spate of recent preventable drowning already this year. A teenaged boy drown while swimming with friends in Rockaway, a man drown while attempting to retrieve a toy boat in Lake Ronkonkoma, and a man was pulled from the surf in the Hamptons and fortunately successful revived by a local high school off duty lifeguard.

A reminder to everyone- swim in protected waters only. Keep those flats clear of swimmers.

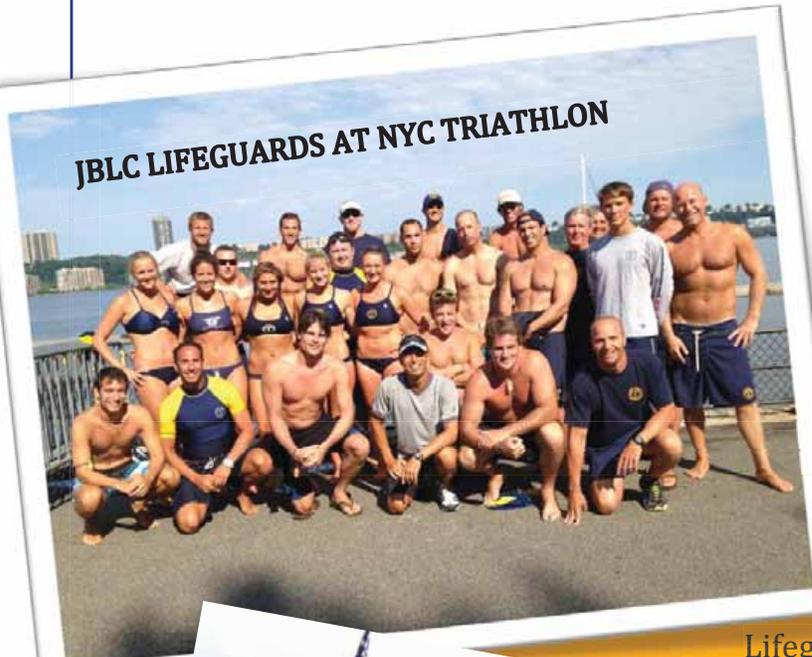
There are lots of activities scheduled for this summer. Please make sure you participate in one of our events. A lot of work goes into planning and participation is the goal. One new event that is very important is the JB Invitational Tournament scheduled for Tuesday, July 17<sup>th</sup>, 9:30am at East Bath House. Please plan on attending this as a participant or spectator. Union party to follow at Shooters in Wantagh!

## Junior Lifeguards

Our very successful Junior Lifeguard program continues again this year. Two hundred Jones Beach Lifeguard Corps JUNIOR Lifeguards are in the 2012 Sunday morning program. Due to the popularity of Juniors, forty 10-year olds showed up at 7:00 AM on Sunday, June 24<sup>th</sup> at the West Bath House Pool to compete for 25 spots in the program. From there, the very excited 10-year olds formed up with the rest of the Juniors at East Bath House Volunteers, under the direction of the Jr. Lfgd. Program Directors Scott Riegel and Jim Figuolo.

Monday July 9<sup>th</sup> the Junior Lifeguard Tournament was a huge success. Teams from Long Beach, Smiths Point, The Hamptons & other municipalities came out for a great day of fun. Thank for all who helped make it a great success!

The Junior Lifeguard program runs every Sunday morning through early August.



## JBLC Guards NYC Tri

On Saturday July 8<sup>th</sup>, 30 Jones Beach Lifeguards braved NYC's famous Hudson River to lifeguard the Aquaphor NYC Triathlon. The Olympic distance triathlon consisted of a .9 mile swim, 24.8 mile bike & 6.2 mile run. All 3,500 triathletes made it out of the water safely. Special thanks to an amazing hard working crew that paddled upsweep in 5knot current! "Good times/dead fish/tight suits!" Next stop...IRONMAN August 11<sup>th</sup>!



The Ron Colby Film "Jones Beach Boys" aired on Ch. 13 (WNET) on July 4 @ 10:30pm, July 6 @ 2am and July 9 @ 12:30am. Ch. 21 (WLIW) will air the show on 7/1 @ 9pm, 7/3 @ 3:30am, 7/4 @ 2:30am, 7/6 @ 1am and 7/7 @ 3pm. This film is a must see. Enjoy!

Here is the link to the trailer for Jones Beach Boys! Here is the link to purchase a copy of Ron Colby's film, "Jones Beach Boys": <http://artistsconfederacy.com/Order.html>

Windsurfing and stand-up paddleboarding will be allowed at more Long Island state park beaches this summer. The state Office of Parks, Recreation and Historic Preservation last week announced its decision to allow the two sports at ocean beaches where surfing is permitted. The change is effective June 1<sup>st</sup> 2012.

Last month, Tobay Lifeguard Association members voted 46-1 to begin the process of joining the New York State United Teachers to protect themselves, they say, from Mims' fate. Tobay officially opened for the season Saturday. Town Supervisor John Venditto said, "I would neither encourage nor discourage the unionization, and I would be supportive of whatever decision the lifeguards collectively make."

The move toward unionization is intended to end what the lifeguards said is a pattern of discrimination, retribution and negligence by the town. They allege the town has shorted them on needed tools, such as whistles and buoys. They also allege the town limits their hours on the beach.

A June 5 letter from NYSUT asks that Oyster Bay recognize Tobay's lifeguards as a collective bargaining agent. NYSUT has represented Jones Beach lifeguards since 2009. All of Tobay's more than 60 lifeguards have signed union cards, said lifeguard Jeremy Thornton, 41, of Lido Beach. Mims has filed complaints with the U.S. Equal Employment

Opportunity Commission charging "age discrimination," and with the state Public Employment Relations Board charging the town with "improper practice."

(Source, Newsday.)

Have a great summer.

Tom  
Donovon



## Woman vs. Workout: Jones Beach

Here we come YOUTUBE! The JBLC is about to make their mark thanks to former Jones Beach lifeguard now turned Producer of "One Glass Video" Gerry Sievers. The concept is simple. On each new episode of Woman v. Workout, the host (a hot fitness model!), Lauren Berlingeri, takes on a crazy new fitness challenge. Whether she's learning capoeira, boxing with the pros, or taking the JBLC Lifeguard test, Lauren manages to stay on her feet while wearing a smile (Well, most of the time). Subscribe to 3VFitness to see a new episode of Woman v. Workout every Wednesday to find out if she passes the test!



The 2<sup>nd</sup> Annual Charity Paddle is a fundraiser for the JBLC – *Sunshine Fund* which raises money for lifeguard families in challenging times. This paddle is dedicated to Chad Lundwall (JBLC, FDNY & waterman).



**Participants:** Jones Beach Lifeguards only (\*You can't paddle while on the clock!)

**Equipment:** Stand Up Paddle, Prone or Kayak

**Course:** Field 6 MS to West Bath MS and back (2 miles)

**Date:** Saturday, July 28th, 2012 Rain Date: August 4, 2012

**Start Time:** 7:30 AM sharp (be in the water by 7:15 AM)



### **CPR NEWS 2012**

CPR 2012 is officially over. Unfortunately there were still a few people who did not show up to the 7<sup>th</sup> CPR class of the season. Just as a reminder...even though your card says its good for 2 years, for lifeguarding it is only good for 1! You must renew your CPR each year, and it is our recommendation to take our 7/11 series classes! Great job by all the lifeguards involved in the cardiac arrest out at Robert Moses last week. Hey...you just never know when you might be the first guard on scene. Do you really know your stuff? Are you comfortable? For a quick review on Adult/child CPR click this link below:

<http://www.instructorcorner.org/media/videos/j11.html>



## NYSLC Negotiations Update

Right now our contract negotiations are continuing forward. We met with the Chief Negotiator for NYS in June and have a series of meetings scheduled for the month of July. We hope to not need all those meetings to conclude the business of obtaining an agreement, but we are ready to sit down and stay at the table as long as it takes. Our endless quest for our pay increase, retroactive pay for the last years, and a true contract, actually related to our job, needs to end.

At our meeting in June, we were assured that the state would strive to help create this agreement. We are awaiting true action on their part.

NYS has over the last year settled a number of contracts with other unions that included retroactive pay for lost wages. We expect NYS to follow this pattern and pay us what is owed.

We have stated time and time again how important our jobs are to the safety of New Yorkers and the timeline of our season.

We stand together as a united force from Montauk to Niagara Falls.

We will continue to demand what is rightfully ours, and we are tired of waiting.

If those drowning had to wait as long for us to save them as we have waited for NYS to finalize our pay and contract issues, then thousands would have died waiting for action.

What we are seeing is government in-action, and it is just what the rest of the country is complaining about.

It is way past time for them to step up and do the right thing!

We have waited too long to give up now, and it is not our style to give up on anything. Our Negotiating Team is sending a clear and consistent message to Albany and we stand behind them 100%

# Other News



Join the JBLC for a Rally for a Raise! Let Governor Cuomo hear our voices. This Tuesday July 17<sup>th</sup>... 8am on the West side of field 6. The JB Invitational Tournament is at 9am EBHO...Union Party at Shooters in Wantagh to Follow....all lifeguards are invited! (Free Food!!) ☺



## Good Morning America!

JBLC had a quick spot light on GMA a few weeks back! Live at Central Parks Summer concert series w the Beach Boys ! Chris Johnson, Mike Guadi, Adam Nussen & Cary Epstein got to play some beach volleyball & gave some quick beach safety tips. At the end they got to meet the real "Beach Boys"! Great job representing the Corp!



Looking for a good laugh? Well I guarantee you will get one! This Saturday July 14<sup>th</sup> at 9pm on tune into Fox 5 for the Premier of the show “Mobbed”. Hosted by stand up comedian Howie Mandel mobbed is quite an interesting concept. All we will tell you is... Lifeguard Cary Epstein will be dead front & center!! (shocker!) He will be hosting a screening party at McFaddens (210 Merrick Road) in Rockville Center for those who want to come watch live! Join us anytime after 730pm. Remember the show starts live at 9pm! Cash Bar/Open Kitchen 21 & up.



Any lifeguards interested in lifeguarding the Ironman US Championship in NY/NJ August 11<sup>th</sup> please email me at [jonesbeachguard@gmail.com](mailto:jonesbeachguard@gmail.com). I will suggest you request off on the day of the race. It's a 2.4 mile swim in the Hudson River. You must be comfortable on a rescue board & strong paddling skills are a MUST! Call time will be close to 4am. If you can't swing it DO NOT APPLY! You will receive an confirmation email once you have applied for water rescue team. Pay \$150.

# Jones Beach Invitational Lifeguard Tournament



**TUESDAY, JULY 17<sup>TH</sup>**

**EAST BATHHOUSE OCEAN**

Join us for the first annual Jones Beach Invitational Lifeguard  
Tournament at world famous Jones Beach State Park.

Come for the competition, stay for the party!

**REGISTRATION OPENS 7:30AM**

- 2 MILE BEACH RUN
- RUN-SWIM-RUN
- BEACH FLAGS
- LANDLINE RESCUE
- DISTANCE PADDLE
- DISTANCE SWIM
- RESCUE RACE
- 4X100 SOFT SAND RELAY
- SWIM/PADDLE/RUN RELAY



-FREE T-SHIRT  
FOR ALL  
COMPETITORS!

-COMPETITION  
BEGINS AT 9AM  
SHARP!

-AWARDS TO THE  
TOP 3 FINISHERS IN  
EACH EVENT!

**REGISTER YOUR TEAM ONLINE TODAY!**

FOR MORE INFORMATION CONTACT CARY EPSTEIN AT  
[JONESBEACHGUARD@GMAIL.COM](mailto:JONESBEACHGUARD@GMAIL.COM) OR CALL 516.779.8773

## Frequently Asked Questions about the Tournament

When is the regular Jones Beach Races?

Due to declining participation over the past several years, we are trying something different. In place of our traditional Inter beach Races , Jones Beach will be hosting our first Invitational Lifeguard Tournament. Teams participating will be coming from within the Jones Beach Lifeguard Corps, as well as outside agencies.

Do JB Teams have to pay? **NO!** The Union is picking up the entry fee for you!

What do I get? **Free entry, t-shirt, admission to after party with free food, drink specials & a full day of competition!**

Is there a party after? **YES!!** Shooters in Wantagh! It's open for everyone...not just competitors. It's the Union Party...so come join your fellow lifeguards!

Is this a paid day? **No.** You must be off the clock to participate.

How many people can be on the team? **Max of 8...it can be of mixed gender or work location! Make your own teams!**

Who is coming? **Right now we have confirmation from Long Beach, Fire Island and Tobay. Jones Beach is fielding several teams as well!**

Can we register that morning? **YES!** Come early and take care of the paperwork. **Registration opens at 8am and the tournament starts at 9!**

What are the course distances & rules per entry? **See the JB Invitational race manual posted on [freejblc.net](http://freejblc.net) or ask your shop steward for one. They are being handed out at the beach rep meeting this week! You want your own copy? Email [jonesbeachguard@gmail.com](mailto:jonesbeachguard@gmail.com)**

### Individual Event Scoring

1st place 20 points

2nd place 18 points

3rd place 16 points

4th place 14 points

5th place 12 points

6th place 10 points

7th place & up 4 points

### Group Event Scoring:

1st place 26 points

2nd place 20 points

3rd place 17 points

4th place 14 points

5th place 11 points

6th place 8 points

7th place & up 3 points